

Keep your home your castle

RFBI is an experienced aged care provider and has been providing high quality care and services to older people in our communities for over 40 years. Our network of aged care services includes residential aged care, retirement living, as well as a range of comprehensive home care services.

We understand that no two people are the same and your requirements can change as you get older. That's why we will take the time to get to know you and tailor our services to meet all of your home care needs.

We will also work with you to match your needs with the right member of our local team. Our staff are carefully selected for their experience and qualifications so you will feel comfortable knowing you have friendly, reliable support from a familiar face.



RFBI Care at Home



RFBI
Care at Home

rfbi.com.au

Menu of services

Menu of Services

Below is a list of commonly requested services and equipment our clients have found helpful. If you would like to discuss other options please do not hesitate to speak with your local Care Coordinator.



SOCIAL SUPPORT AND TRANSPORT SERVICES

- Assistance to maintain your hobbies and interests
- Arranging activities
- Assistance with shopping
- Assistance to access the internet
- Transport and personal assistance to attend appointments (e.g. doctor, hairdresser, vet, etc.)
- Transport and personal assistance to out of town appointments or to visit family and friends
- Transport and personal assistance to attend social activities and events
- Staying connected with your local community

HEALTH AND WELLBEING

- GP and specialist appointments
- Other health professional appointments
- Grocery shopping
- Assistance with meal planning and preparation
- Exercise classes
- Interpreter services
- Assistance with collecting prescriptions
- Physiotherapy
- Podiatry
- Massage
- Speech therapy
- Dietitian

PERSONAL AND CLINICAL CARE

- Showering
- Dressing and undressing
- Toileting and grooming
- Personal care and hygiene
- Continence management
- Medication assistance
- Nursing/health support
- Respite care
- Overnight respite care

IN AND AROUND YOUR HOME

- House cleaning
- Laundry services including washing and ironing
- Home maintenance
- Garden and outdoor maintenance
- Pet care – feeding, bathing and grooming

GOODS AND EQUIPMENT*

- Orthotics
- Hi-low bed
- Pressure relieving mattress
- Shower chairs
- Interactive TV (including CareVision)
- Recliners
- Continence aids
- Hearing and vision aids
- Medical dressings
- Eating aids
- Enteral feeding equipment
- Mobility aids (such as crutches, walkers, wheelchairs, scooters, etc.)
- Mechanical lifting devices
- Air-conditioning
- Carpet (where a trip hazard)
- Access ramps and railing
- Plate guards
- Nebuliser
- Sleep apnoea machine
- Home modifications to make it safe and accessible
- Personal medical alarms
- Sensor equipment and monitoring

**Purchase or hire*

Keep your home your castle

We know that there is no place like home and that you value your independence. However, as you get older, you may need a little help to continue living independently at home.

Whatever form of home care assistance you need, RFBI Care at Home is here to help. Our passionate and dedicated team will work with you to identify your goals and ensure you receive the care, services and equipment you need to keep living the life you want.

The range of care, services and equipment you can purchase through your home care package is almost limitless. If it helps you live well, is related to your care needs, and you have the funds available, you can receive it.

Call your local coordinator on
1300 848 076



RFBI
Care at Home